



6:30am – 10:30am

A La Carte Menu

- Bowl of cereal with milk** (*dietary milks available*) **\$7**
Choice of Weet-Bix, Toasted Muesli, Cornflakes, or Coco Pops (V)
- Vienna Sour Dough Toast with condiments** **\$7**
Served with butter and choice of Vegemite, Peanut Butter, Strawberry Jam, Honey or Marmalade (V)
- Lil' Flamingo's** **\$12**
1 egg cooked your way, bacon, sour dough (DF)
- Breakfast Burger** **\$16**
Fried egg, bacon, avocado, sliced tomato, cheese, aioli & BBQ sauce with hash browns
- Tropical Fruit Salad** **\$16**
Seasonal local fruit tossed with a fresh mint syrup & natural yoghurt on the side (V VG GF)
- Waffles** **\$18**
2 warm waffles served with a berry compote, pure Canadian maple syrup & whipped cream
- The Classic** **\$18**
2 eggs cooked your way, bacon, hash brown & sour dough (DF)
- Smashed Avocado** **\$20**
2 eggs cooked your way, cheddar cheese, vegemite, avocado, cherry tomatoes, sour dough (V GF*)
- Garlic Mushrooms** **\$20**
2 poached eggs, mushrooms, wilted spinach, blistered cherry tomatoes, sour dough (DF V GF*)
- Eggs Benedict** **\$24**
2 poached eggs, bacon, wilted spinach, hollandaise sauce & sour dough (GF*)
- Full Breakfast** **\$24**
2 eggs w cherry tomatoes, hash browns, bacon, mushrooms, pork sausages & sour dough (DF)

EXTRAS

Bacon \$5 | Mushrooms \$5 | Smashed Avocado \$5
Egg (1) \$4 | Hollandaise sauce \$3 | Wilted Spinach \$3
Hash Brown \$4 | Sausages \$4 | Cherry Tomatoes \$4

GLUTEN FREE BREAD AVAILABLE

All items with GF* can be made GLUTEN FREE

A 10% surcharge applies on all public holidays

DF - Dairy Free GF - Gluten Free V - Vegetarian



THIRSTY Flamingo DRINKS

COFFEE & TEA

CUP \$5 | MUG \$6 | T/AWAY \$6

We use a locally roasted coffee, Ransom Coffee, to give you the freshest coffee possible to start your day in paradise!

Flat White	Cappuccino	Long Black
Macchiato	Espresso	Latte
Dirty Chai	Chai Latte	Hot Chocolate

Dietary Milks available	+\$0.50
Lactose Free, Oat, Almond or Soy	
Extra Coffee Shot	+\$1.0
Syrups	+\$0.5
Caramel or Vanilla	
Iced Coffee or Chocolate	\$9
Made with ice cream, milk & whipped cream	
Iced Latte	\$7
Made with cold full cream milk	
Tea... Pot or Mug	\$5



JUICES & SMOOTHIES



Juices **Small \$4.5 | Large \$5.5**
Orange, Apple, Pineapple & Mango

Mango Breakfast (V) **\$13**
Mango, banana, organic oats, natural yoghurt, full cream milk, honey

Strawberry Boost (V VG GF DF) **\$13**
Strawberries, banana, coconut water

Add 15g Whey Protein to your smoothie \$3 extra
100% pure whey protein concentrate which means it's high in protein, low in carbohydrates & fats



MINI JAM DONUTS



\$2.5 each or 3 for \$6 | Large coffee & a donut \$7.5

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